**Components of Fitness Graphic Organizer Rubric**

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| **Category** | **5** | **4** | **3** | **2** | **1** |
| **Content** | Includes all five of the components of physical fitness, along with detailed explanations of each and how they contribute to general health. | Includes four of the components of physical fitness, along with detailed explanations of each and how they contribute to general health. If all 5 are included, the explanations of each are lacking in detail. | Includes the components of physical fitness, however, the explanations of each are significantly lacking in detail. The quotes chosen, and how each component impacts health are acceptable. | Includes only a few of the physical fitness components with minimal detail. | Content is minimal. |
| **Professionalism** | Makes excellent use of font, color, graphics, effects, etc., to enhance the presentation. Popplet is easy to follow and maintains a professional look. | Makes good use of font, color, graphics, effects, etc. to enhance to presentation. The overall look of the Popplet is well done, but could use improvement in areas. | Popplet is difficult to navigate. The presentation is lacking an overall appeal to it, yet still meets an acceptable look. | The Popplet is difficult to navigate. Minimal attempts at overall appeal and professionalism were made. | Popplet is messy and difficult to navigate. |
| **Requirements** | All requirements (Quotes, Methods, and Rankings) are met and exceeded. | All requirements (Quotes, Methods, and Rankings) are met. | One requirement was not completely met. | More than one requirement was not completely met. | Minimal attempts to meet requirements. |
| **Division of Workload** | Work was divided equally among partners and the quality is similar. | Work was for the most part divided equally among partners and the quality is similar. | One partner did significantly more than the other. | One partner made minimal attempts to participate collaboratively. | One partner did not contribute at all. |